

37th IAAF WORLD CROSS COUNTRY CHAMPIONSHIPS

AMMAN 2009

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FACTS & FIGURES

Some 10,026 athletes from 164 countries have competed in the IAAF World Cross Country Championships, with athletes from six countries participating in all 36 editions: Belgium, France, Great Britain & NI (ENG, GBR, NIR, SCO, WAL), Ireland, Spain, and the United States.

The largest edition of the championships was in Vilamoura (POR) in 2000, when 806 athletes (excluding seven declared non-starters) from 76 countries took part. That athlete total may never be beaten now that the format of the championships has reverted from six to four races. The biggest single race was the 1986 senior men's race with 337 competitors from 50 countries, 39 of which produced scoring teams. The race with the most different countries represented was the 1997 men's race with 58, 27 of which had scoring teams.

The most medals won by a country is 253 by Kenya, followed by 214 by Ethiopia and 59 by the United States.

The most medals won by an individual athlete is 27 by Kenenisa Bekele (ETH), with 16 golds, nine silvers and two bronzes in 2001-2008. The women's record is 20 by Worknesh Kidane (ETH) in 1997-2005, including 11 golds, five silvers and four bronzes. The most individual medals is 13 by Bekele and eight by Kidane and Tirunesh Dibaba (ETH), who won five golds and three silvers in 2002-2008.

The most golds won by an individual is 16 by Bekele – including 12 individual and four team medals. The most women's golds is 14 by T. Dibaba, five of which were individual and nine with teams.

The most individual gold medals won is 12 by Bekele, junior winner in 2001 and long/short course winner in 2002-2006 and winner in 2008. The most by a woman is five by Grete Waitz (NOR), who won the women's title in 1978-1981 & 1983 and T. Dibaba who was junior champion in 2003, short course winner in 2005 & long course winner in 2005, 2006 & 2008.

The most medals won at a single championships is four: two individual and two team. This has been achieved 13 times by seven athletes, all Ethiopian. Haylu Mekonnen in 1999, Gete Wami in 2001, Kenenisa Bekele in 2001-2006, Worknesh Kidane in 2003/2005, Gebre-egziabher Gebremariam in 2004, Tirunesh Dibaba in 2005 and Meselech Melkamu in 2006. Now that the short course race has been eliminated, the total of four cannot be matched.

The most medals won as a junior is eight, including three golds, by Vivian Cheruiyot (KEN) in 1998-2001. The most by a junior man is seven, by Boniface Kiprop (UGA) in 2000-2004.

The most team gold medals won is 69 by Kenya, with at least one every year since 1986 followed by Ethiopia 38. The most team medals is 105 by Ethiopia compared with 103 by Kenya.

The longest winning streak in the championships are the 18 successive titles won by Kenya's men's team in the long race (1986-2003). The most in women's events is seven by Ethiopia at the long race in 2002-2008.

The oldest champion and medallist is Jack Foster (NZL), team gold medallist in 1975 at 42 years 297 days. The oldest individual champion and medallist is Portugal's Carlos Lopes, who in 1985 won the third of his World Cross Country titles at 38 years 34 days. The oldest women's champion is Edith Masai (KEN), who won the 2004 short course race at 36 years 352 days.

Foster went on to become the oldest ever competitor when he finished 155th in the 1979 race aged 46 years 306 days. The oldest female participant is Sweden's Ewy Palm, 121st in 1987 at 45 years 50 days.

The youngest gold medallists are all Kenyans, with the youngest of all Elizabeth Cheptanui, junior team gold medallist in 1994 at 13 years 197 days. The youngest individual winner is Lydia Cheromei, 1991 champion at 13 years 317 days. The youngest junior male winner is

Ismael Kirui, junior team gold medallist in 1990 at 15 years 32 days. Individually, the youngest is Robert Kipchumba, 2000 World Junior Cross Country Champion at 16 years 24 days.

The youngest competitor is Su Su-Ning of Chinese Taipei who was 12 years 130 days when she placed 119th in the 1991 junior race. The youngest male is Junior Hines (CAY) who was 13 years 58 days when he also placed 119th, this time in the junior race of 2002. Current IAAF regulations prevent anyone younger than 16 in the year of competition from competing in the championships.

Sweeps of all four individual titles were achieved by Kenya in 1994 and Ethiopia 2008, but never in the years where there were three or six races.

Sweeps of all available team titles were achieved by Kenya in 1991, 1993, 1995 and 1996. In all those years, the Kenyans won team gold in the senior and junior races, men and women. In 1993, Kenya also won three of the four individual titles, with Albertina Dias of Portugal the only non-Kenyan winner in the women's senior race. In the six-race format, Ethiopia won five of six titles in 2004, placing second in the other one.

Perfect team scores have been achieved in nine races, the men's short course races of 1998 and 2000, the junior men's races of 1993 2000, 2005 and 2007, and the junior women's race in 1993, 2004 and 2006. On each occasion apart from 2004 (with four to score) Kenyan runners placed first, second, third and fourth to gain a score of 10 points. In 2004 the dominant country was Ethiopia.

The best example of domination in the senior (long) races was in 1988 when (with six to score) Kenyans placed 1-2-3-4-6-7-8-9. For the women, the USSR twice won with 15 points, placing 2-3-4-6 in 1977 & 1980. The highest ever score is 1874 by the Maltese men's team which placed 39th in the 1986 men's race.

The most championships contested is 18 by Domingos Castro (POR) who competed in men's races between 1982 and 2003. The women's record in 17 by Conceição Ferreira (POR) in 1982-2000. Co-incidentally, both athletes placed seventh in the 1990 championship at Aix-les-Bains. That remained Castro's best finishing position, but Ferreira went on to win an individual bronze in 1994.

The largest winning margin in the history of the championships came in 1980 in Paris when Grete Waitz finished 44 seconds ahead of the runner-up, Irina Bondarchuk of the USSR. The best by a man was 33 seconds by Kenenisa Bekele in the 2001 junior men's race. John Ngugi (KEN) won the 1989 senior men's race by 28 seconds, while the biggest winning margin in the junior women's race was 27 seconds by Gelete Burka (ETH) in 2005.

The closest finish was in the 1973 men's race when Pekka Päiväranta (FIN) finished just one tenth ahead of Mariano Haro (ESP), 35:46.4 to 35:46.5. The result of that race was recorded in tenths of a second, but in four later races the first three all shared the same time to the nearest second; the 1983 men's, the 2000 women's short course and the junior women's in 2001.

Successful twins have included Grenville & Graham Tuck (ENG), Dionisio & Domingos Castro (POR), Ann Ford & Paula Fudge (Née Yeoman, ENG) and Angela & Susan Tooby (GBR). The Tucks won a total of five team medals including two golds. Domingos Castro competed in 18 championships and won three team medals. Ford and Fudge won six team medals and placed 13th & 14th respectively in 1982, with Ann having finished fourth in 1974 & 1976. The Toobys each won team silvers in the 1988 women's race, where individually, Angela placed second and Susan 16th.

Kenya and Ethiopia are far and away the most successful countries in the history of the world championships, winning 107 of the 146 available team titles. The two countries have met 108 times where both have fielded full teams, with Kenya beating Ethiopia 68-40.

SUMMARY OF PAST CHAMPIONSHIPS

Venues - 1973: Waregem BEL (March 17); 1974: Monza ITA (March 16); 1975: Rabat MAR (March 16); 1976: Chepstow WAL (February 28); 1977: Düsseldorf FRG (March 20); 1978: Glasgow SCO (March 25); 1979: Limerick IRL (March 25); 1980: Paris FRA (March 9); 1981: Madrid ESP (March 28); 1982: Rome ITA (March 21); 1983: Gateshead GBR (March 20); 1984: New York USA (March 25); 1985: Lisbon POR (March 24); 1986: Neuchâtel SUI (March 23); 1987: Warsaw POL (March 22); 1988: Auckland NZL (March 26); 1989: Stavanger NOR (March 19); 1990: Aix-les-Bains FRA (March 25); 1991: Antwerp BEL (March 24); 1992: Boston USA (March 21); 1993: Amorebieta ESP (March 23); 1994: Budapest HUN (March 26); 1995: Durham GBR (March 25); 1996: Cape Town RSA (March 23); 1997: Turin ITA (March 23); 1998: Marrakech MAR (March 21/22); 1999: Belfast GBR (March 27/28); 2000: Vilamoura POR (March 18/19); 2001: Ostend BEL (March 24/25); 2002: Dublin IRL (March 23/24); 2003: Lausanne SUI (March 29/30); 2004: Brussels BEL (March 20/21); 2005: St Galmier FRA (March 19/20); 2006: Fukuoka (April 1/2); 2007: Mombasa (March 24); 2008: Edinburgh (March 30)

These totals have been revised to include a number of previously unreported non-finishers. Similarly athletes who may have appeared on results as non-starters have now been excluded from totals. In 1998-2003, it was possible for juniors to start in both junior and senior races, so the sum of the rightmost four columns will give a total greater than the number of actual athletes competing in those years. From 2004, the IAAF ruled that junior athletes may compete in one race only, which was also the case up to 1997 and from 2007 when all races were staged on one day.

Year	Course	Countries	Athletes	Senior Men Competitors	Junior Men Competitors	Senior Women Competitors	Junior Women Competitors
1973	Waregem Racecourse	21	287	157	55	75	-
1974	Monza Racecourse	23	269	125	75	69	-
1975	Souissi Racecourse	26	316	185	60	71	-
1976	Chepstow Racecourse	21	306	156	81	69	-
1977	Graffenberg Racecourse	22	346	168	81	97	-
1978	Bellahouston Park	27	360	168	92	100	-
1979	Green Park Racecourse	27	383	191	92	100	-
1980	Longchamp Racecourse	28	381	180	97	104	-
1981	Hippodromo de la Zarzuela	39	460	238	104	118	-
1982	Hippodromo della Campanella	33	382	180	93	109	-
1983	Riverside Park	35	432	214	107	111	-
1984	The Meadowlands	40	443	240	94	109	-
1985	Sports Complex Jamor	50	574	300	143	131	-
1986	Planeyse Colombier	57	671	337	173	161	-
1987	Sluzewiec Racecourse	47	576	278	146	152	-
1988	Elleslie Racecourse	41	443	206	96	141	-
1989	Scanvest Ring	41	568	200	134	120	114
1990	Aix-les-Bains Racecourse	59	618	231	127	139	121
1991	Linkerover Racecourse	51	633	237	143	126	127
1992	Franklin Park	53	580	233	114	127	106
1993	Jaureguibarria Course	54	653	236	150	148	119
1994	Kincsem Park	60	760	281	189	148	142
1995	University of Durham	58	619	227	148	135	109
1996	Danie Craven Stadium, Stellenbosch	65	669	281	140	133	115
1997	Parco del Valentino	72	725	280	160	147	138
1998	Menara district of Marrakech	66	707	276	133	176	122
1999	Barnett Demesne/Queen's University Playing Fields	66	759	292	154	196	124
2000	Sporting Complex of Vilamoura	76	806	315	162	205	131
2001	Wellington Hippodrome	67	790	308	152	208	126
2002	Leopardstown Racecourse	59	664	253	122	183	110
2003	Institut National Equestre Avenches	65	605	229	121	155	104
2004	Ossegem Park	72	673	263	120	175	115
2005	Hippodrome de Saint-Galmier	72	695	267	131	180	117
2006	Umi no Nakamichi Seaside Park	59	574	233	98*	165	78
2007	Mombasa Golf Course	63	470	163	126	94	87
2008	Holyrood Park	57	448	179	109	95	65

* Includes one athlete who was later disqualified when it was proved he was over-age

MEN'S MEDALLISTS

Short Course (introduced in 1998, held until 2006)

Individuals	Gold	Silver	Bronze
1998 4000m	John Kibowen KEN 10:43	Daniel Komen KEN 10:46	Paul Kosgei KEN 10:50
1999 4236m	Benjamin Limo KEN 12:28	Paul Kosgei KEN 12:31	Haylu Mekonnen ETH 12:35
2000 4180m	John Kibowen KEN 11:11	Sammy Kipketer KEN 11:12	Paul Kosgei KEN 11:15
2001 4100m	Enock Koeh KEN 12:40	Kenenisa Bekele ETH 12:42	Benjamin Limo KEN 12:43
2002 4208m	Kenenisa Bekele ETH 12:11	Luke Kipkosgei KEN 12:18	Haylu Mekonnen ETH 12:20
2003 4030m	Kenenisa Bekele ETH 11:01	John Kibowen KEN 11:04	Benjamin Limo KEN 11:06
2004 4000m	Kenenisa Bekele ETH 11:31	Gebre-egziabher Gebremariam ETH 11:36	Maregu Zewdie ETH 11:42
2005 4196m	Kenenisa Bekele ETH 11:33	Abraham Chebii KEN 11:38	Isaac Songok KEN 11:39
2006 4000m	Kenenisa Bekele ETH 10:54	Isaac Songok KEN 10:55	Adil Kaouch MAR 10:57

Teams	Gold	Silver	Bronze
1998	Kenya10	Morocco42	Ethiopia60
1999	Kenya14	Morocco45	Ethiopia55
2000	Kenya10	Ethiopia46	Morocco68
2001	Kenya13	Morocco48	Ethiopia51
2002	Kenya20	Ethiopia32	Spain57
2003	Kenya14	Ethiopia31	Morocco44
2004	Ethiopia17	Qatar39	Kenya52
2005	Ethiopia23	Kenya31	Qatar32
2006	Kenya21	Ethiopia48	Morocco53

Long Course

Individuals	Gold	Silver	Bronze
1973 11,980m	Pekka Päivärinta FIN 35:46.4	Mariano Haro ESP 35:46.5	Rod Dixon NZL 36:00
1974 12,000m	Erik de Beck BEL 35:23.8	Mariano Haro ESP 35:24.6	Karel Lismont BEL 35:26.6
1975 12,000m	Ian Stewart SCO 35:20.0	Mariano Haro ESP 35:21.0	Bill Rodgers USA 35:27.4
1976 12,000m	Carlos Lopes POR 34:47.8	Tony Simmons ENG 35:04.0	Bernie Ford ENG 35:07.0
1977 12,300m	Léon Schots BEL 37:43.0	Carlos Lopes POR 37:48.2	Detlef Uhlemann FRG 37:52.2
1978 12,300m	John Treacy IRL 39:25	Aleksandr Antipov URS 39:28	Karol Lismont BEL 39:32
1979 12,000m	John Treacy IRL 37:20	Bronislaw Malinowski POL 37:29	Aleksandr Antipov URS 37:30

1980	12,580m	Craig Virgin	USA	37:01	Hans-Jürgen Orthmann	FRG	37:02	Nick Rose	ENG	37:05
1981	12,000m	Craig Virgin	USA	35:05	Mohamed Kedir	ETH	35:07	Fernando Mamede	POR	35:09
1982	11,978m	Mohamed Kedir	ETH	33:41	Alberto Salazar	USA	33:45	Rod Dixon	NZL	34:02
1983	11,994m	Bekele Debele	ETH	36:52	Carlos Lopes	POR	36:52	Some Muge	KEN	36:52
1984	12,086m	Carlos Lopes	POR	33:25	Tim Hutchings	ENG	33:30	Steve Jones	WAL	33:32
1985	12,190m	Carlos Lopes	POR	33:33	Paul Kipkoech	KEN	33:37	Wodajo Bulti	ETH	33:38
1986	12,000m	John Ngugi	KEN	35:32.9	Abebe Mekonnen	ETH	35:34.8	Joseph Kiptum	KEN	35:39.8
1987	11,950m	John Ngugi	KEN	36:07	Paul Kipkoech	KEN	36:07	Paul Arpin	FRA	36:51
1988	12,000m	John Ngugi	KEN	34:32	Paul Kipkoech	KEN	34:54	William Koskei	KEN	35:07
1989	12,000m	John Ngugi	KEN	39:42	Tim Hutchings	GBR	40:10	Wilfred Kirochi	KEN	40:21
1990	12,200m	Khalid Skah	MAR	34:21	Moses Tanui	KEN	34:21	Julius Korir	KEN	34:22
1991	11,764m	Khalid Skah	MAR	33:53	Moses Tanui	KEN	33:54	Simon Karori	KEN	33:54
1992	12,530m	John Ngugi	KEN	37:05	William Mutwol	KEN	37:17	Fita Bayissa	ETH	37:18
1993	11,750m	William Sigei	KEN	32:51	Dominic Kirui	KEN	32:56	Ismael Kirui	KEN	32:59
1994	12,060m	William Sigei	KEN	34:29	Simon Chemoiywo	KEN	34:30	Haile Gebrselassie	ETH	34:32
1995	12,020m	Paul Tergat	KEN	34:05	Ismael Kirui	KEN	34:13	Salah Hissou	MAR	34:14
1996	12,150m	Paul Tergat	KEN	33:44	Salah Hissou	MAR	33:56	Ismael Kirui	KEN	33:57
1997	12,333m	Paul Tergat	KEN	35:11	Salah Hissou	MAR	35:13	Thomas Nyariki	KEN	35:20
1998	12,000m	Paul Tergat	KEN	34:01	Paul Koech	KEN	34:06	Assefa Mezegebu	ETH	34:28
1999	12,000m	Paul Tergat	KEN	38:28	Patrick Ivuti	KEN	38:32	Paulo Guerra	POR	38:46
2000	12,300m	Mohammed Mourhit	BEL	35:00	Assefa Mezegebu	ETH	35:01	Paul Tergat	KEN	35:02
2001	12,300m	Mohammed Mourhit	BEL	39:53	Sergey Lebid	UKR	40:03	Charles Kamathi	KEN	40:05
2002	11,998m	Kenenisa Bekele	ETH	34:52	John Yuda	TAN	34:58	Wilberforce Taleli	KEN	35:20
2003	12,355m	Kenenisa Bekele	ETH	35:56	Patrick Ivuti	KEN	36:09	Gebre-egziabher Gebremariam	ETH	36:17
2004	12,000m	Kenenisa Bekele	ETH	35:52	Gebre-egziabher Gebremariam	ETH	36:10	Sileshi Sihine	ETH	36:11
2005	12,020m	Kenenisa Bekele	ETH	35:06	Zersenay Tadese	ERI	35:20	Abdullah Ahmad Hassan	QAT	35:34
2006	12,000m	Kenenisa Bekele	ETH	35:40	Sileshi Sihine	ETH	35:43	Martin Mathathi	KEN	35:44
2007	12,000m	Zersenay Tadese	ERI	35:50	Moses Mosop	KEN	36:13	Bernard Kipyego	KEN	36:37
2008	12,000m	Kenenisa Bekele	ETH	34:38	Leonard Komon	KEN	34:41	Zersenay Tadese	ERI	34:43

Teams

	Gold	Silver	Bronze
1973	Belgium109	USSR119	New Zealand136
1974	Belgium103	England109	France215
1975	New Zealand127	England198	Belgium211
1976	England90	Belgium118	France187
1977	Belgium126	England129	USSR144
1978	France151	United States156	England159
1979	England119	Ireland198	USSR210
1980	England100	United States163	Belgium175
1981	Ethiopia81	United States114	Kenya220
1982	Ethiopia98	England114	USSR257
1983	Ethiopia104	United States170	Kenya191
1984	Ethiopia134	United States161	Portugal223
1985	Ethiopia129	Kenya141	United States153
1986	Kenya45	Ethiopia119	United States204
1987	Kenya53	England146	Ethiopia161
1988	Kenya23	Ethiopia103	France134
1989	Kenya44	Great Britain & NI147	Ethiopia162
1990	Kenya42	Ethiopia96	Spain176
1991	Kenya38	Ethiopia104	Spain198
1992	Kenya46	France145	Great Britain & NI147
1993	Kenya25	Ethiopia82	Portugal167
1994	Kenya34	Morocco83	Ethiopia133
1995	Kenya62	Morocco111	Spain120
1996	Kenya33	Morocco99	Ethiopia107
1997	Kenya51	Morocco70	Ethiopia125
1998	Kenya12	Ethiopia57	Morocco60
1999	Kenya12	Ethiopia57	Portugal76
2000	Kenya18	Ethiopia68	Portugal69
2001	Kenya33	France72	United States87
2002	Kenya18	Ethiopia43	Morocco58
2003	Kenya17	Ethiopia23	Morocco51
2004	Ethiopia14	Kenya30	Eritrea66
2005	Ethiopia24	Kenya35	Qatar42
2006	Kenya24	Eritrea28	Ethiopia42
2007	Kenya29	Morocco152	Uganda191
2008	Kenya39	Ethiopia104	Qatar143

JUNIOR MEN

	Gold	Silver	Bronze	
1973	7020m Jim Brown	SCO 20:52.8	ESP 21:00.6	
1974	7100m Rich Kimball	USA 21:30.8	ITA 21:33.0	
1975	7000m Bobby Thomas	USA 20:59.8	ESP 21:18.0	
1976	7800m Eric Hulst	USA 23:53.8	USA 24:06.8	
1977	7500m Thom Hunt	USA 23:15.0	ESP 23:28.0	
1978	7036m Mick Morton	ENG 22:57	CAN 23:10	
1979	7360m Eddy De Pauw	BEL 23:02	ENG 23:09	
1980	7410m Jorge García	ESP 22:17	URS 22:23	
1981	7250m Mohammed Chouri	TUN 22:04	URS 22:06	
1982	7926m Zurabachev Gelaw	ETH 22:46	ETH 22:47	
1983	8033m Feyissa Abebe	ETH 24:58	ETH 24:59	
1984	8000m Pere Casacuberta	ESP 21:32	Doju Tessema	
1985	8190m Kipkemboi Kimeli	KEN 22:18	Habte Negash	
1986	7750m Melese Feissa	ETH 22:47.6	Sammy Kibiwot	
1987	7050m Wilfred Kirochi	KEN 22:18	Demeke Bekele	
1988	8031m Wilfred Kirochi	KEN 23:25	Alfonce Muindi	
1989	8000m Addis Abebe	ETH 25:07	Kipyego Kororia	
1990	8000m Kipyego Kororia	KEN 22:13	Richard Chelimo	
1991	8415m Andrew Sambu	TAN 23:59	Muindi Mumo	
1992	7800m Ismael Kirui	KEN 23:27	Haile Gebrselassie	
			ETH 23:35	
			Léon Schots	BEL 21:07.2
			John Treacy	IRL 21:42.4
			John Treacy	IRL 21:23.0
			Nat Muir	SCO 24:17.0
			Ari Paunonen	FIN 23:39.0
			Francisco Javier Alario	ESP 23:11
			Ildar Denikeyev	URS 23:20
			Ed Eyestone	USA 22:27
			Keith Brantly	USA 22:07
			Stefano Mei	ITA 22:49
			Jon Richards	ENG 25:07
			John Castellano	CAN 21:37
			Woldesilase Milkessa	ETH 22:37
			Demeke Bekele	ETH 22:56.0
			Debebe Demisse	ETH 22:20
			Bedilu Kibret	ETH 23:41
			Stephen Nyamu	KEN 25:33
			Fita Bayissa	ETH 22:24
			Fita Bayissa	ETH 24:04
			Josphat Machuka	KEN 23:37

1993	7150m	Philip Mosima	KEN	20:18	Christopher Kosgei	KEN	20:20	Josphat Machuka	KEN	20:23
1994	8140m	Philip Mosima	KEN	24:15	Daniel Komen	KEN	24:17	Abreham Tsige	ETH	24:46
1995	8470m	Assefa Mezegebu	ETH	24:12	Dejene Lidetu	ETH	24:14	David Chelule	KEN	24:16
1996	8350m	David Chelule	KEN	24:06	Assefa Mezegebu	ETH	24:19	Samuel Chepkok	KEN	24:24
1997	8511m	Elijah Korir	KEN	24:21	Million Wolde	ETH	24:28	Paul Kosgei	KEN	24:29
1998	8000m	Million Wolde	ETH	22:47	Richard Limo	KEN	22:50	Haylu Mekonnen	ETH	22:51
1999	8012m	Haylu Mekonnen	ETH	25:38	Richard Limo	KEN	25:43	Gideon Mitei	KEN	25:45
2000	8080m	Robert Kipchumba	KEN	22:49	Duncan Lebo	KEN	22:52	John Cheruiyot Korir	KEN	22:55
2001	7700m	Kenenisa Bekele	ETH	25:04	Duncan Lebo	KEN	25:37	Dathan Ritzenhein	USA	25:46
2002	7974m	Gebregziabher Gebremariam	ETH	23:18	Abel Cheruiyot	KEN	23:19	Boniface Kiprop	UGA	23:28
2003	7920m	Eliud Kipchoge	KEN	22:47	Boniface Kiprop	UGA	22:49	Solomon Bushendich	KEN	22:51
2004	8000m	Meba Tadesse	ETH	24:01	Boniface Kiprop	UGA	24:03	Ernest Meli	KEN	24:16
2005	8108m	Augustine Choge	KEN	23:59	Bernard Kiprop Kipyego	KEN	24:00	Barnabas Kosgei	KEN	24:00
2006	8000m	Mang'ata Ndiwa	KEN	23:53	Leonard Komon	KEN	23:54	Tariku Bekele	ETH	23:56
2007	8000m	Asbel Kiprop	KEN	24:07	Vincent Chepkok	KEN	24:12	Mathew Kisorio	KEN	24:23
2008	7905m	Ibrahim Jeylan	ETH	22:38	Ayele Abshero	ETH	22:40	Lucas Rotich	KEN	22:42

Teams

Gold		Silver		Bronze	
1973	Spain	Italy	England		
1974	United States	Morocco	Italy		
1975	United States	Ireland	Spain		
1976	United States	Spain	England		
1977	United States	Spain	Canada		
1978	England	Canada	Spain		
1979	Spain	England	USSR		
1980	USSR	United States	Spain		
1981	United States	England	Canada		
1982	Ethiopia	Italy	United States		
1983	Ethiopia	Spain	England		
1984	Ethiopia	Spain	England		
1985	Ethiopia	Kenya	Spain		
1986	Ethiopia	Kenya	Spain		
1987	Ethiopia	Kenya	Japan		
1988	Kenya	Ethiopia	Spain		
1989	Kenya	Ethiopia	Italy		
1990	Kenya	Ethiopia	Italy		
1991	Kenya	Ethiopia	Tanzania		
1992	Kenya	Ethiopia	Japan		
1993	Kenya	Ethiopia	Morocco		
1994	Kenya	Ethiopia	Morocco		
1995	Kenya	Ethiopia	Morocco		
1996	Kenya	Ethiopia	Morocco		
1997	Kenya	Ethiopia	Morocco		
1998	Ethiopia	Kenya	Morocco		
1999	Kenya	Ethiopia	Tanzania		
2000	Kenya	Ethiopia	Uganda		
2001	Kenya	Ethiopia	Uganda		
2002	Kenya	Ethiopia	Uganda		
2003	Kenya	Ethiopia	Uganda		
2004	Kenya	Ethiopia	Uganda		
2005	Kenya	Ethiopia	Qatar		
2006	Kenya	Ethiopia	Eritrea		
2007	Kenya	Eritrea	Ethiopia		
2008	Kenya	Ethiopia	Uganda		

WOMEN'S MEDALLISTS

Short Course (introduced in 1998, held until 2006)

Individuals		Gold		Silver		Bronze				
1998	4000m	Sonia O'Sullivan	IRL	12:20	Zahra Ouaziz	MAR	12:34	Kutre Dulecha	ETH	12:37
1999	4236m	Jackline Maranga	KEN	15:09	Yamna Belkacem	FRA	15:16	Annemari Sandell	FIN	15:17
2000	4180m	Kutre Dulecha	ETH	13:00	Zahra Ouaziz	MAR	13:00	Margaret Ngotho	KEN	13:00
2001	4100m	Gete Wami	ETH	14:46	Paula Radcliffe	GBR	14:47	Edith Masai	KEN	14:57
2002	4208m	Edith Masai	KEN	13:30	Worknesh Kidane	ETH	13:36	Isabella Ochichi	KEN	13:39
2003	4030m	Edith Masai	KEN	12:43	Worknesh Kidane	ETH	12:44	Jane Wanjiku	KEN	12:46
2004	4000m	Edith Masai	KEN	13:07	Tirunesh Dibaba	ETH	13:09	Teyiba Erkesso	ETH	13:11
2005	4196m	Tirunesh Dibaba	ETH	13:15	Worknesh Kidane	ETH	13:16	Isabella Ochichi	KEN	13:21
2006	4000m	Gelete Burka	ETH	12:51	Priscah Jepleting	KEN	12:53	Meselech Melkamu	ETH	12:54

Teams

Gold		Silver		Bronze	
1998	Morocco	Ethiopia	United States		
1999	France	Ethiopia	Morocco		
2000	Portugal	Ethiopia	France		
2001	Ethiopia	Kenya	Romania		
2002	Ethiopia	Kenya	Ireland		
2003	Kenya	Ethiopia	Russia		
2004	Ethiopia	Kenya	Canada		
2005	Ethiopia	Kenya	United States		
2006	Ethiopia	Kenya	Australia		

Long Course

Individuals		Gold		Silver		Bronze				
1973	3990m	Paola Cacchi	ITA	13:45.2	Joyce Smith	ENG	13:58.0	Josée van Santberghe	BEL	14:01.0
1974	4000m	Paola Cacchi	ITA	12:42.0	Nina Holmen	FIN	12:47.6	Rita Ridley	ENG	12:54.0
1975	3900m	Julie Brown	USA	13:42	Bronislawa Ludwiczowska	POL	13:47	Carmen Valero	ESP	13:48
1976	4800m	Carmen Valero	ESP	16:19.4	Tatyana Kazankina	URS	16:39.0	Gabriela Dorio	ITA	16:56.0
1977	5100m	Carmen Valero	ESP	17:26	Lyudmila Bragina	URS	17:28	Giana Romanova	URS	17:35
1978	4728m	Grete Waitz	NOR	16:19	Natalia Marasescu	ROU	16:49	Maricica Puica	ROU	16:59
1979	5040m	Grete Waitz	NOR	16:48	Raisa Smekhnova	URS	17:14	Ellison Goodall	USA	17:18
1980	4820m	Grete Waitz	NOR	15:05	Irina Bondarchuk	URS	15:49	Yelena Chernysheva	URS	15:52
1981	4410m	Grete Waitz	NOR	14:07	Jan Merrill	USA	14:22	Yelena Sipatova	URS	14:22

1982	4663m	Maricica Puica	ROU	14:39	Fita Lovin	ROU	14:41	Grete Waitz	NOR	14:44
1983	4072m	Grete Waitz	NOR	13:29	Alison Wiley	CAN	13:37	Tatyana Pozdnyakova	URS	13:37
1984	5000m	Maricica Puica	ROU	15:56	Galina Zakharova	URS	15:58	Grete Waitz	NOR	15:58
1985	4990m	Zola Budd	ENG	15:01	Cathy Branta	USA	15:24	Ingrid Kristiansen	NOR	15:27
1986	4650m	Zola Budd	ENG	14:49.6	Lynn Jennings	USA	15:07.8	Annette Sergent	FRA	15:12.2
1987	5050m	Annette Sergent	FRA	16:46	Liz Lynch	SCO	16:48	Ingrid Kristiansen	NOR	16:51
1988	5962m	Ingrid Kristiansen	NOR	19:04	Angela Tooby	GBR	19:23	Annette Sergent	FRA	19:29
1989	6000m	Annette Sergent	FRA	22:27	Nadezhda Stepanova	URS	22:34	Lynn Williams	CAN	22:41
1990	6000m	Lynn Jennings	USA	19:21	Albertina Dias	POR	19:33	Yelena Romanova	URS	19:33
1991	6425m	Lynn Jennings	USA	20:24	Derartu Tulu	ETH	20:27	Liz McColgan	GBR	20:28
1992	6370m	Lynn Jennings	USA	21:16	Catherina McKiernan	IRL	21:18	Albertina Dias	POR	21:19
1993	6350m	Albertina Dias	POR	20:00	Catherina McKiernan	IRL	20:09	Lynn Jennings	USA	20:09
1994	6220m	Hellen Chepngeno	KEN	20:45	Catherina McKiernan	IRL	20:52	Conceição Ferreira	POR	20:52
1995	6470m	Derartu Tulu	ETH	20:21	Catherina McKiernan	IRL	20:29	Sally Barsosio	KEN	20:39
1996	6300m	Gete Wami	ETH	20:12	Rose Cheruiyot	KEN	20:18	Naomi Mugo	KEN	20:21
1997	6600m	Derartu Tulu	ETH	20:53	Paula Radcliffe	GBR	20:55	Gete Wami	ETH	21:00
1998	8000m	Sonia O'Sullivan	IRL	25:39	Paula Radcliffe	GBR	25:42	Gete Wami	ETH	25:49
1999	8012m	Gete Wami	ETH	28:00	Merima Denboba	ETH	28:12	Paula Radcliffe	GBR	28:12
2000	8080m	Derartu Tulu	ETH	25:42	Gete Wami	ETH	25:48	Susan Chepkemei	KEN	25:50
2001	7700m	Paula Radcliffe	GBR	27:49	Gete Wami	ETH	27:52	Lydia Cheromei	KEN	28:07
2002	7974m	Paula Radcliffe	GBR	26:55	Deena Drossin	USA	27:04	Colleen de Reuck	USA	27:17
2003	7920m	Worknesh Kidane	ETH	25:53	Deena Drossin	USA	26:02	Merima Denboba	ETH	26:28
2004	8000m	Benita Johnson	AUS	27:17	Ejagayou Dibaba	ETH	27:29	Worknesh Kidane	ETH	27:34
2005	8108m	Tirunesh Dibaba	ETH	26:34	Alice Timbillil	KEN	26:37	Worknesh Kidane	ETH	26:37
2006	8000m	Tirunesh Dibaba	ETH	25:21	Lornah Kiplagat	NED	25:26	Meselech Melkamu	ETH	25:38
2007	8000m	Lornah Kiplagat	NED	26:23	Tirunesh Dibaba	ETH	26:47	Meselech Melkamu	ETH	26:48
2008	7905m	Tirunesh Dibaba	ETH	25:10	Mestawet Tufa	ETH	25:15	Linet Masai	KEN	25:18

Teams

	Gold	Silver	Bronze
1973	England40	Finland73	United States90
1974	England28	Italy50	Finland61
1975	United States44	New Zealand50	Poland61
1976	USSR33	Italy59	United States64
1977	USSR15	United States48	New Zealand76
1978	Romania30	United States37	England55
1979	United States29	USSR48	England68
1980	USSR15	England49	United States49
1981	USSR24	United States36	Italy89
1982	USSR44	Italy57	England67
1983	United States31	USSR41	Canada53
1984	United States52	England65	New Zealand91
1985	United States42	USSR77	Romania96
1986	England65	New Zealand67	France76
1987	United States46	France50	USSR55
1988	USSR51	Great Britain & NI61	France74
1989	USSR58	France60	United States68
1990	USSR37	Ethiopia75	Portugal80
1991	Kenya36	Ethiopia36	USSR48
1992	Kenya47	United States77	Ethiopia96
1993	Kenya52	Japan93	France100
1994	Portugal55	Ethiopia65	Kenya75
1995	Kenya26	Ethiopia38	Romania84
1996	Kenya24	Ethiopia44	Romania70
1997	Ethiopia24	Kenya34	Ireland64
1998	Kenya30	Ethiopia37	Great Britain & NI74
1999	Ethiopia18	Kenya27	Portugal94
2000	Ethiopia20	Kenya23	United States98
2001	Kenya18	Ethiopia70	France77
2002	Ethiopia28	United States38	Kenya41
2003	Ethiopia17	Kenya30	United States36
2004	Ethiopia26	Kenya30	Great Britain & NI74
2005	Ethiopia16	Kenya22	Portugal86
2006	Ethiopia16	Kenya39	Japan80
2007	Ethiopia26	Kenya26	Morocco99
2008	Ethiopia18	Kenya22	Australia84

JUNIOR WOMEN

	Gold	Silver	Bronze
1989	4000m Malin Ewerlöf SWE 15:23	Olga Nazarkina URS 15:30	Esther Saina KEN 15:41
1990	4400m Liu Shixiang CHN 14:19	Yan Qinglan CHN 14:20	Susan Chepkemei KEN 14:22
1991	4435m Lydia Cheromei KEN 13:59	Jane Ekimat KEN 14:20	Melody Fairchild USA 14:28
1992	4005m Paula Radcliffe GBR 13:30	Wang Junxia CHN 13:35	Lydia Cheromei KEN 13:43
1993	4450m Gladys Ondo KEN 14:04	Pamela Chepchumba KEN 14:09	Sally Barsosio KEN 14:11
1994	4300m Sally Barsosio KEN 14:04	Rose Cheruiyot KEN 14:05	Elizabeth Cheptanui KEN 14:15
1995	4470m Annemari Sandell FIN 14:04	Jebiwot Keitany KEN 14:09	Nancy Kipron KEN 14:17
1996	4220m Kutre Dulecha ETH 13:27	Annemari Sandell FIN 13:32	Jepkorir Aiyabei KEN 13:35
1997	4689m Rose Kosgei KEN 14:58	Priscah Jepleting KEN 14:59	Ayelech Worku ETH 15:02
1998	6000m Yimenashu Taye ETH 19:32	Jeruto Kiptum KEN 19:34	Worknesh Kidane ETH 19:34
1999	6124m Worknesh Kidane ETH 21:26	Vivian Cheruiyot KEN 21:37	Yoshiko Fujinaga JPN 21:41
2000	6290m Vivian Cheruiyot KEN 20:34	Alice Timbillil KEN 20:35	Viola Kibiwott KEN 20:36
2001	5900m Viola Kibiwott KEN 22:05	Abebech Nigussie ETH 22:05	Aster Bacha ETH 22:05
2002	5962m Viola Kibiwott KEN 20:13	Tirunesh Dibaba ETH 20:14	Vivian Cheruiyot KEN 20:22
2003	6215m Tirunesh Dibaba ETH 20:21	Peninah Chepchumba KEN 20:22	Gelete Burka ETH 20:28
2004	6000m Meselech Melkamu ETH 20:48	Aziza Aliye ETH 20:53	Mestawet Tadesse ETH 20:56
2005	6153m Gelete Burka ETH 20:12	Veronica Nyaruai KEN 20:39	Beatrice Chepngeno KEN 20:44
2006	6000m Pauline Korikwiang KEN 19:27	Veronica Nyaruai KEN 19:27	Mercy Kosgei KEN 19:45
2007	6000m Linet Masai KEN 20:52	Mercy Kosgei KEN 20:59	Veronica Nyaruai KEN 21:10
2008	6040m Genzebe Dibaba ETH 19:59	Irine Cheptai KEN 20:04	Emebet Eta'a ETH 20:06

Teams	Gold	Silver	Bronze
1989	Kenya40	USSR68	Portugal84
1990	Kenya20	Japan44	PR of China68
1991	Kenya18	Ethiopia40	Japan43
1992	Ethiopia55	Romania59	Kenya59
1993	Kenya10	Japan41	Ethiopia61
1994	Kenya11	Ethiopia46	Japan60
1995	Kenya18	Ethiopia31	Japan56
1996	Kenya21	Ethiopia26	Japan70
1997	Kenya15	Japan38	Ethiopia39
1998	Ethiopia16	Kenya20	Japan68
1999	Ethiopia20	Kenya31	Japan46
2000	Kenya12	Ethiopia24	Japan78
2001	Ethiopia16	Kenya20	Japan59
2002	Kenya13	Ethiopia24	Japan63
2003	Ethiopia14	Kenya22	Morocco78
2004	Ethiopia10	Kenya36	Japan67
2005	Kenya16	Ethiopia22	Japan56
2006	Kenya10	Ethiopia29	Japan58
2007	Kenya13	Eritrea33	Ethiopia36
2008	Ethiopia16	Kenya20	Japan57

AGES OF WORLD CROSS COUNTRY CHAMPIONS

MEN

Short Course

1998	John Kibowen KEN	28 years 334 days
1999	Benjamin Limo KEN	24 years 216 days
2000	John Kibowen KEN	30 years 332 days
2001	Enock Koech KEN	19 years 354 days
2002	Kenenisa Bekele ETH	19 years 283 days
2003	Kenenisa Bekele ETH	20 years 289 days
2004	Kenenisa Bekele ETH	21 years 281 days
2005	Kenenisa Bekele ETH	22 years 279 days
2006	Kenenisa Bekele ETH	23 years 292 days

Long Course

1973	Pekka Päivärinta FIN	23 years 317 days
1974	Eric de Beck BEL	22 years 283 days
1975	Ian Stewart SCO	26 years 60 days
1976	Carlos Lopes POR	29 years 10 days
1977	Léon Schots BEL	24 years 282 days
1978	John Treacy IRL	20 years 295 days
1979	John Treacy IRL	21 years 294 days
1980	Craig Virgin USA	24 years 220 days
1981	Craig Virgin USA	25 years 238 days
1982	Mohamed Kedir ETH	28 years 196 days
1983	Bekele Debele ETH	20 years 8 days
1984	Carlos Lopes POR	37 years 36 days
1985	Carlos Lopes POR	38 years 34 days
1986	John Ngugi KEN	23 years 316 days
1987	John Ngugi KEN	24 years 316 days
1988	John Ngugi KEN	25 years 321 days
1989	John Ngugi KEN	26 years 313 days
1990	Khalid Skah MAR	23 years 54 days
1991	Khalid Skah MAR	24 years 54 days
1992	John Ngugi KEN	29 years 316 days
1993	William Sigei KEN	23 years 168 days
1994	William Sigei KEN	24 years 166 days
1995	Paul Tergat KEN	25 years 281 days
1996	Paul Tergat KEN	26 years 280 days
1997	Paul Tergat KEN	27 years 279 days
1998	Paul Tergat KEN	28 years 278 days
1999	Paul Tergat KEN	29 years 284 days
2000	Mohammed Mourhit BEL	29 years 161 days
2001	Mohammed Mourhit BEL	30 years 166 days
2002	Kenenisa Bekele ETH	19 years 284 days
2003	Kenenisa Bekele ETH	20 years 290 days
2004	Kenenisa Bekele ETH	21 years 282 days
2005	Kenenisa Bekele ETH	22 years 280 days
2006	Kenenisa Bekele ETH	23 years 293 days
2007	Zersenay Tadesse ERI	25 years 44 days
2008	Kenenisa Bekele ETH	25 years 291 days

Juniors

1973	Jim Brown SCO	20 years 185 days
1974	Rich Kimball USA	17 years 331 days
1975	Bobby Thomas USA	18 years 231 days
1976	Eric Hulst USA	19 years 31 days
1977	Thom Hunt USA	19 years 3 days
1978	Mick Morton ENG	18 years 132 days
1979	Eddy de Pauw BEL	18 years 290 days
1980	Jorge García ESP	18 years 312 days
1981	Mohammed Chouri MAR	18 years 325 days
1982	Zurbachev Gelaw ETH	16/17 years
1983	Feyissa Abebe ETH	18 years 105 days
1984	Pere Casacuberta ESP	18 years 348 days
1985	Kipkemboi Kimeli KEN	18 years 114 days
1986	Melese Feissa ETH	18 years 104 days
1987	Wilfred Kirochi KEN	17 years 100 days
1988	Wilfred Kirochi KEN	18 years 105 days
1989	Addis Abebe ETH	18 years 195 days
1990	Kipyego Kororia KEN	18 years 89 days
1991	Andrew Sambu TAN	18 years 170 days
1992	Ismael Kirui KEN	17 years 30 days
1993	Philip Mosima KEN	16 years 85 days
1994	Philip Mosima KEN	17 years 83 days
1995	Assefa Mezegebu ETH	16 years 279 days
1996	David Chelule KEN	18 years 260 days
1997	Elijah Korir KEN	18 years 342 days
1998	Million Wolde ETH	19 years 5 days
1999	Haylu Mekonnen ETH	18 years 358 days
2000	Robert Kipchumba KEN	16 years 24 days
2001	Kenenisa Bekele ETH	18 years 285 days
2002	Gebre-egziabher Gebremariam ETH	17 years 195 days
2003	Eliud Kipchoge ETH	18 years 144 days
2004	Meba Tadesse ETH	17/18 years
2005	Augustine Choge KEN	18 years 58 days
2006	Mang'ata Ndiwa KEN	18/19 years
2007	Asbel Kiprop KEN	17 years 267 days
2008	Ibrahim Jeylan ETH	18 years 292 days

WOMEN

Short Course

1998	Sonia O'Sullivan IRL	28 years 113 days
1999	Jackline Maranga KEN	21 years 102 days
2000	Kutre Dulecha ETH	21 years 210 days
2001	Gete Wami ETH	26 years 104 days
2002	Edith Masai KEN	34 years 354 days
2003	Edith Masai KEN	35 years 360 days
2004	Edith Masai KEN	36 years 352 days
2005	Tirunesh Dibaba ETH (10 Oct 85)*	19 years 170 days
2006	Gelete Burka ETH	19 years 254 days

* Was entered with a birthdate of October 1, 1985

Long Course

1973	Paola Pigni ITA	27 years 77 days
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1974	Paola Cacchi ITA	28 years 76 days
1975	Julie Brown USA	20 years 40 days
1976	Carmen Valero ESP	20 years 147 days
1977	Carmen Valero ESP	21 years 167 days
1978	Grete Waitz NOR	24 years 176 days
1979	Grete Waitz NOR	25 years 175 days
1980	Grete Waitz NOR	26 years 160 days
1981	Grete Waitz NOR	27 years 178 days
1982	Maricia Puica ROU	31 years 235 days
1983	Grete Waitz NOR	29 years 170 days
1984	Maricia Puica ROU	33 years 240 days
1985	Zola Budd ENG	18 years 302 days
1986	Zola Budd ENG	19 years 300 days
1987	Annette Sergent FRA	24 years 125 days
1988	Ingrid Kristiansen NOR	32 years 5 days
1989	Annette Sergent FRA	26 years 122 days
1990	Lynn Jennings USA	29 years 266 days
1991	Lynn Jennings USA	30 years 266 days
1992	Lynn Jennings USA	31 years 264 days
1993	Albertina Dias POR	27 years 336 days
1994	Hellen Chepngeno KEN	26 years 236 days
1995	Derartu Tulu ETH	23 years 4 days
1996	Gete Wami ETH	21 years 103 days
1997	Derartu Tulu ETH	25 years 2 days
1998	Sonia O'Sullivan IRL	28 years 113 days
1999	Gete Wami ETH	24 years 106 days
2000	Derartu Tulu ETH	27 years 363 days
2001	Paula Radcliffe GBR	27 years 97 days
2002	Paula Radcliffe GBR	28 years 96 days
2003	Worknesh Kidane ETH	21 years 128 days
2004	Benita Johnson AUS	24 years 319 days
2005	Tirunesh Dibaba ETH (10 Oct 85)*	19 years 169 days
2006	Tirunesh Dibaba ETH (10 Oct 85)*	20 years 182 days
2007	Lornah Kiplagat NED	32 years 327 days
2008	Tirunesh Dibaba ETH (10 Oct 85)*	22 years 181 days

* Was entered with a birthdate of October 1, 1985

Junior Women

1989	Malin Ewerlöf SWE	16 years 290 days
1990	Liu Shixiang CHN	19 years 70 days
1991	Lydia Cheromei KEN	13 years 317 days
1992	Paula Radcliffe GBR	18 years 95 days
1993	Gladys Ondeyo KEN	17 years 322 days
1994	Sally Barsosio KEN	16 years 5 days
1995	Annemari Sandell FIN	18 years 82 days
1996	Kutre Dulecha ETH	17 years 214 days
1997	Rose Kosgei KEN	15 years 213 days
1998	Yimenashu Taye ETH	18/19 years
1999	Worknesh Kidane ETH	17 years 126 days
2000	Vivian Cheruiyot KEN	16 years 281 days
2001	Viola Kibiwott KEN	17 years 92 days
2002	Viola Kibiwott KEN	18 years 91 days
2003	Tirunesh Dibaba ETH (10 Oct 85)*	17 years 300 days
2004	Meselech Melkamu ETH	18 years 336 days
2005	Gelete Burka ETH	18 years 240 days
2006	Pauline Korikwang KEN	18 years 31 days
2007	Linet Masai KEN	17 years 109 days
2008	Genzebe Dibaba ETH	17 years 51 days

* Was entered with a birthdate of June 1, 1985. If her later declared birthdate of October 1, 1985 is correct then her age in 2003 was 17 years 179 days

MOST APPEARANCES

Men

18	Domingos Castro POR	82/86-2001/2003
17	Alejandro Gómez ESP	85-91/93-2001/2004/2005
15	Fernando Mamede POR	73/76-89
	Antonio Prieto ESP	77-85/87-91
	Paul McCloy CAN	81-88/90-96
14	Pierre Levisse FRA	76-78/81-91

13	Hans-Jürgen Orthmann FRG	75-87
	José Manuel García ESP	83-85/90-92/94-99/2002
12	Gerry Deegan IRL	73-74/76-83/86-87
	Nat Muir SCO	73-83/85/87
	Ezequiel Canario POR	78-79/82-84/86-91/94
	Dave Clarke ENG	77/81-83/85-87/89/92-95
	Constantino Esparcía ESP	78/79/82-91
	José Carlos Adán ESP	86/89-95/97/99-2002
	Paulo Guerra POR	89/92-2001/2007
	Joël Bourgeois CAN	90/92/97-05/08
11	Santiago de la Parte ESP	73-83
	John Treacy IRL	74-75/78-80/82-86/88
	Thierry Watrice FRA	76/78/80-84/86-87/89-90
	Jos Maes BEL	79/84-85/87-93/96
	Salvatore Bettiol ITA	80/86-92/94-96
	Steve Moneghetti AUS	85/86/87/88/89/91/92/96/97/2001/04
	Umberto Pusterla ITA	86/92-95/97/99/02-05
	Kevin Sullivan CAN	90-93/99-01/03-06
10	18 men	

Women

17	Conceição Ferreira POR	82-85/87-94/96-2000
15	Kathy Butler CAN/GBR	90-97/99/2001-2006
14	Montserrat Abello ESP	73-80/82-88
	Anja Smolders BEL	91-2004
13	Mary O'Connor NZL	79/81-91/93
	Elena Fidatof ROU	84-86/90-93/95-97/2000-02
	Anne Keenan-Buckley IRL	85/87-88/91/93/95-96/98-2003
	Teresa Recio ESP	85/86/87/94/96/98/99/00/01/2002/2004-2006
12	Merima Denboba ETH	91-95/97-2003
11	Joelle Debrouwers FRA	74-84
	Annette Sergent/Palluy FRA	85-90/93-96
	Teresa Duffy NIR/IRL	86-87/90/92-96/98-99/2002
	Getenesh Urge ETH	89-90/92-2000
	Julia Vaquero ESP	89-98/2000
	Paula Radcliffe GBR	91-93/95-2002
	Gete Wami ETH	91-92/94-01/05
	Ana Dias POR	93/95-96/99-06
10	17 women	

MOST MEDALS, BY ATHLETE

Men

Individual & team	Gold	Silver	Bronze	Total
Kenenisa Bekele ETH	16	9	2	27
Paul Tergat KEN	13	-	1	14
Gebre-egziabher Gebremariam ETH	5	6	2	13
John Ngugi KEN	12	-	-	12
Ismael Kirui KEN	8	1	2	11
Haylu Mekonnen ETH	2	4	5	11
Assefa Mezegebu ETH	1	8	2	11
John Kibowen KEN	7	1	1	9
Bekele Debele ETH	5	2	2	9
Paul Kosgei KEN	5	1	3	9
Paul Kipkoech KEN	4	4	1	9
Craig Virgin USA	2	5	2	9
Mohammed Kedir ETH	6	2	-	8
Moses Tanui KEN	6	2	-	8
Patrick Ivuti KEN	6	2	-	8
Benjamin Limo KEN	6	-	2	8
Richard Limo KEN	4	4	-	8
Bernie Ford ENG	3	3	2	8
Albert Chepkurui KEN/				
Ahmad Hassan Abdullah QAT	3	1	4	8
Million Wolde ETH	2	5	1	8
Melese Feissa ETH	2	3	3	8
Sileshi Sihene ETH	1	5	2	8

Salah Hissou MAR	-	6	2	8	Merima Hashim ETH	4	2	1	7
Fita Bayissa ETH	-	4	4	8	Tatyana Pozdnyakova URS	4	2	1	7
Boniface Kiprof UGA	-	2	6	8	Rose Cheruiyot KEN	3	3	1	7
Paul Koech KEN	6	1	-	7	Alice Timbilil KEN	1	6	-	7
Boniface Merande KEN	6	1	-	7	Teyiba Erkeso ETH	5	-	1	6
Sammy Kipketer KEN	5	2	-	7	Raisa Katjukova URS	4	2	-	6
Wodajo Bulti ETH	4	1	2	7	Jane Ngotho KEN	4	2	-	6
Karel Lismont BEL	3	1	3	7	Ejagayou Dibaba ETH	4	2	-	6
Mohamed Awol ETH	2	4	1	7	Mestawat Tufa ETH	4	2	-	6
Habte Negash ETH	2	3	2	7	Giana Romanova URS	4	1	1	6
Debebe Demisse ETH	2	3	2	7	Asha Gigi ETH	3	3	-	6
Wolde Silasse Melkessa ETH	2	2	3	7	Eyerusalem Kuma ETH	3	3	-	6
Haile Gebrselassie ETH	-	4	3	7	Naomi Mugo KEN	3	2	1	6
Ayele Mezegebu ETH	-	4	3	7	Veronica Nyaruai (Wanjiru) KEN	3	2	1	6
Philip Mosima KEN	6	-	-	6	Yelena Chernysheva URS	3	1	2	6
Wilfred Kirochi KEN	4	1	1	6	Yelena Romanova URS	3	-	3	6
Joseph Kiptum KEN	4	-	2	6	Berhane Adere ETH	2	3	1	6
Thom Hunt USA	3	3	-	6	Jan Merrill USA	2	3	1	6
Carlos Lopes POR	3	2	1	6	Leila Aman ETH	2	3	1	6
John Cheruiyot Korir KEN	3	2	1	6	Leah Malot KEN	2	2	2	6
Charles Kamathi KEN	3	2	1	6	Alemitu Bekele ETH	1	4	1	6
Some Muge KEN	3	-	3	6	(later known as Almita Colakoglu TUR, then Alemitu Bekele TUR)				
John Treacy IRL	2	2	2	6					
Demeke Bekele ETH	2	2	2	6					
Addis Abebe ETH	1	4	1	6					
Abraham Assefa ETH	-	4	2	6					
Habte Jifar ETH	-	4	2	6					
Ed Eyestone USA	-	3	3	6					
José Manuel García ESP	-	2	4	6					
Adil Kaouch MAR	-	2	4	6					

Individual medals only

Kenenisa Bekele ETH	12	1	-	13
Paul Tergat KEN	5	-	1	6
John Ngugi KEN	5	-	-	5
Carlos Lopes POR	3	2	-	5
John Treacy IRL	2	-	2	4
Assefa Mezegebu ETH	1	2	1	4
Gebre-egziabher Gebremariam ETH	1	2	1	4
Ismael Kirui KEN	1	1	2	4
Haylu Mekonnen ETH	1	-	3	4
Paul Kosgei KEN	-	1	3	4

WomenIndividual & team

Worknesh Kidane ETH	11	5	4	20
Tirunesh Dibaba ETH	14	5	-	19
Gete Wami ETH	9	8	2	19
Merima Denboba ETH	6	7	2	15
Meselech Melkamu ETH	9	-	3	12
Derartu Tulu ETH	6	5	1	12
Sally Barsosio KEN	7	2	2	11
Vivian Cheruiyot KEN	3	7	1	11
Prisca Jepleting/Cherono KEN	2	8	-	10
Ayelech Worku ETH	4	3	2	9
Pamela Chepchumba KEN	4	3	2	9
Lydia Cheromei KEN	4	2	3	9
Susan Chepkemei KEN	3	3	3	9
Annette Sergent FRA	2	2	5	9
Getenesh Urge ETH	1	7	1	9
Gelete Burka ETH	6	1	1	8
Bezunesh Bekele ETH	5	3	-	8
Viola Kibiwott KEN	5	2	1	8
Edith Masai KEN	4	3	1	8
Lynn Jennings USA	4	2	2	8
Genet Gebregiorgis ETH	3	5	-	8
Paula Radcliffe GBR	3	3	2	8
Kutre Dulecha ETH	2	4	2	8
Isabella Ochichi KEN	1	5	2	8
Grete Waitz NOR	5	-	2	7

Individual medals only

Tirunesh Dibaba ETH	5	3	-	8
Worknesh Kidane ETH	2	3	3	8
Grete Waitz NOR	5	-	2	7
Paula Radcliffe GBR	3	3	1	7
Gete Wami ETH	3	2	2	7
Lynn Jennings USA	3	1	1	5
Derartu Tulu ETH	3	1	-	4
Edith Masai KEN	3	-	1	4
Annette Sergent FRA	2	-	2	4
Meselech Melkamu ETH	1	-	3	4
Catherina McKiernan IRL	-	4	-	4

MEDAL TABLES – BY COUNTRY

All Events	Gold	Silver	Bronze	Medals
Kenya	113	80	60	253
Ethiopia	82	84	48	214
United States	21	18	20	59
Great Britain & NI ¹	15	21	19	55
USSR ²	9	15	13	37
Morocco	3	13	17	33
Spain	6	10	12	28
Portugal	6	3	12	21
Japan	-	4	17	21
France	4	5	11	20
Belgium	8	1	6	15
Ireland	4	6	4	14
Italy	2	6	6	14
Romania	3	3	5	11
Norway	6	-	4	10
Uganda	-	2	8	10
Canada	-	3	6	9
Finland	2	3	3	8
Eritrea	1	4	3	8
New Zealand	1	2	5	8
Qatar	-	1	5	6
PR of China	1	2	1	4
Tanzania	1	1	2	4
Australia	1	-	2	3
Poland	-	2	1	3
Netherlands	1	1	-	2
Germany (FRG)	-	1	1	2
Sweden	1	-	-	1
Tunisia	1	-	-	1

Ukraine	-	1	-	1
Russia	-	-	1	1
Totals	292	292	292	876

1. Breakdown of British placings (GBR from 1988):

Great Britain & NI	3	7	5	15
England	10	13	12	35
Scotland	2	1	1	4
Wales	-	-	1	1
Totals	15	21	19	55

2. Breakdown of USSR placings:

Team	9	5	6	20
Russia	-	8	3	11
Ukraine	-	-	2	2
Lithuania	-	1	1	2
Belarus	-	1	-	1
Kyrgyzstan	-	-	1	1
Totals	9	15	13	37

All Men's Events

	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>	<u>Medals</u>
Kenya	77	44	34	155
Ethiopia	39	49	28	116
United States	11	8	8	27
Great Britain & NI ¹	7	12	11	30
Morocco	2	11	14	27
Spain	4	10	11	25
Belgium	8	1	5	14
Portugal	3	2	6	11
USSR ²	1	4	6	11
Uganda	-	2	7	9
Eritrea	1	3	3	7
France	1	2	4	7
Italy	-	3	4	7
Ireland	2	2	2	6
Qatar	-	1	5	6
Canada	-	2	3	5
Tanzania	1	1	2	4
New Zealand	1	-	3	4
Finland	1	-	1	2
Germany (FRG)	-	1	1	2
Japan	-	-	2	2
Tunisia	1	-	-	1
Poland	-	1	-	1
Ukraine	-	1	-	1
Totals	160	160	160	480

1. Breakdown of British placings (GBR from 1988):

Great Britain & NI	-	2	1	3
England	5	10	8	23
Scotland	2	-	1	3
Wales	-	-	1	1
Totals	7	12	11	30

2. Breakdown of USSR placings:

Team	1	1	4	6
Russia	-	2	-	2
Lithuania	-	1	1	2
Kyrgyzstan	-	-	1	1
Totals	1	4	6	11

All Women's Events

	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>	<u>Medals</u>
Kenya	35	34	25	94
Ethiopia	40	33	19	92
United States	10	10	12	32
USSR ¹	8	11	7	26
Great Britain & NI ²	8	9	8	25
Japan	-	4	14	18
France	3	3	7	13
Romania	3	3	5	11
Norway	6	-	4	10
Portugal	3	1	6	10
Ireland	2	4	2	8

Italy	2	3	2	7
Finland	1	3	2	6
Morocco	1	2	3	6
PR of China	1	2	1	4
New Zealand	-	2	2	4
Canada	-	1	3	4
Spain	2	-	1	3
Australia	1	-	2	3
Netherlands	1	1	-	2
Poland	-	1	1	2
Sweden	1	-	-	1
Eritrea	-	1	-	1
Belgium	-	-	1	1
Russia	-	-	1	1
Totals	128	128	128	384

1. Breakdown of USSR placings:

Team	8	4	2	14
Russia	-	6	3	9
Ukraine	-	-	2	2
Belarus	-	1	-	1
Totals	8	11	7	26

2. Breakdown of British placings (GBR from 1988):

England	5	3	4	12
Great Britain & NI	3	5	4	12
Scotland	-	1	-	1
Totals	8	9	8	25

All Junior Events

	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>	<u>Medals</u>
Kenya	56	38	26	120
Ethiopia	32	40	19	91
Japan	-	3	16	19
Spain	4	7	7	18
United States	9	2	5	16
Great Britain & NI ¹	4	3	6	13
Uganda	-	2	7	9
Morocco	-	1	7	8
USSR ²	1	4	2	7
Italy	-	3	4	7
Canada	-	2	3	5
PR of China	1	2	1	4
Finland	1	1	1	3
Tanzania	1	-	2	3
Ireland	-	1	2	3
Belgium	1	-	1	2
Eritrea	-	2	1	3
Sweden	1	-	-	1
Tunisia	1	-	-	1
Romania	-	1	-	1
Portugal	-	-	1	1
Qatar	-	-	1	1
Totals	112	112	112	336

1. Breakdown of British placings (GBR from 1988):

England	2	3	5	10
Scotland	1	-	1	2
Great Britain & NI	1	-	-	1
Totals	4	3	6	13

2. Breakdown of USSR placings:

Team	1	1	1	3
Russia	-	3	-	3
Kyrgyzstan	-	-	1	1
Totals	1	4	2	7

Junior Men's Events

	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>	<u>Medals</u>
Kenya	34	19	13	66
Ethiopia	18	29	10	57
Spain	4	7	7	18
United States	9	2	4	15
Great Britain & NI ¹	3	3	6	12

Uganda	-	2	7	9
Italy	-	3	4	7
Morocco	-	1	6	7
USSR ²	1	2	2	5
Canada	-	2	3	5
Tanzania	1	-	2	3
Ireland	-	1	2	3
Belgium	1	-	1	2
Eritrea	-	1	1	2
Japan	-	-	2	2
Tunisia	1	-	-	1
Finland	-	-	1	1
Qatar	-	-	1	1
Totals	72	72	72	216

1. Breakdown of British placings (GBR from 1988):

England	2	3	5	10
Scotland	1	-	1	2
Totals	3	3	6	12

2. Breakdown of USSR placings:

Team	1	-	1	2
Russia	-	2	-	2
Kyrgyzstan	-	-	1	1
Totals	1	2	2	5

<u>Junior Women's Events</u>	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>	<u>Medals</u>
Kenya	22	19	13	54
Ethiopia	14	11	9	34
Japan	-	3	14	17
PR of China	1	2	1	4
Finland	1	1	-	2
USSR ¹	-	2	-	2
Great Britain & NI	1	-	-	1
Sweden	1	-	-	1
Romania	-	1	-	1
Morocco	-	-	1	1
Portugal	-	-	1	1
United States	-	-	1	1
Eritrea	-	1	-	1
Totals	40	40	40	120

1. Breakdown of USSR placings:

Team	-	1	-	1
Russia	-	1	-	1
Totals	-	2	-	2

JORDAN AT THE WORLD CROSS COUNTRY CHAMPIONSHIPS

Three appearances: 1985, 2005, 2008

All Placings:

	Individuals			Teams
Men	261	Mouteb Al-Faouri	1985	Incomplete
	114	Suliman Alghodran	2005	
	158	Mohammad Al Qafraini	2008	
Junior Men	105	Khaled Al-Bakhit	2005	Incomplete
	107	Motasem Akkawi	2008	
Women	124	Amneh Odeh Murshed	1985	Incomplete
Junior Women	61	Baraah Awadallah	2008	Incomplete
	63	Ala Khalifah	2008	